**Patient Name: Derek Johnson - Psoriasis**

**Overview:**  
Derek Johnson is a 45-year-old journalist. He is a male, born on July 15, 1978, living at 345 Birchwood Drive, Lakeside, LS, 56789. Derek's contact number is (555) 987-1234. He was diagnosed with psoriasis, a chronic autoimmune condition that results in the rapid buildup of skin cells, leading to scaling on the skin's surface.

**Medical History:**

* **Past Medical History:** Eczema during childhood.
* **Surgical History:** None.
* **Family Medical History:** Aunt with psoriasis.
* **Allergies:** Latex.
* **Medications:** Topical corticosteroids, vitamin D analog creams.
* **Lifestyle:** Enjoys cycling, non-smoker, moderate drinker.

**Previous Doctors:**  
Dr. Sarah Lee, his primary care physician, referred Derek to a dermatologist after initial treatments for eczema were ineffective. Dr. Joshua Kim, a dermatologist, diagnosed him with psoriasis and customized his treatment plan.

**Derek Johnson - Symptoms:**  
Red patches of skin covered with thick, silvery scales, itching, and discomfort, particularly on elbows and knees.

**Diagnosis:**  
Confirmed through physical examination and biopsy of the affected skin by Dr. Kim.

**Treatment:**  
Initiated with topical treatments including corticosteroids and vitamin D analog creams. Dr. Kim also advised Derek on lifestyle modifications to manage his condition better and scheduled regular follow-ups to monitor his progress.